



# Senate

General Assembly

**File No. 187**

February Session, 2014

Substitute Senate Bill No. 200

*Senate, March 31, 2014*

The Committee on Insurance and Real Estate reported through SEN. CRISCO of the 17th Dist., Chairperson of the Committee on the part of the Senate, that the substitute bill ought to pass.

**AN ACT EXPANDING HEALTH INSURANCE COVERAGE OF  
SPECIALIZED FORMULA FOR INDIVIDUALS WITH EOSINOPHILIC  
GASTROINTESTINAL DISORDERS.**

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. Section 38a-492c of the general statutes is repealed and the  
2 following is substituted in lieu thereof (*Effective January 1, 2015*):

3 (a) For purposes of this section:

4 (1) "Inherited metabolic disease" includes (A) a disease for which  
5 newborn screening is required under section 19a-55; and (B) cystic  
6 fibrosis.

7 (2) "Low protein modified food product" means a product  
8 formulated to have less than one gram of protein per serving and  
9 intended for the dietary treatment of an inherited metabolic disease  
10 under the direction of a physician.

11 (3) "Amino acid modified preparation" means a product intended

12 for the dietary treatment of an inherited metabolic disease under the  
13 direction of a physician.

14 (4) "Specialized formula" means a nutritional formula for (A)  
15 children up to age twelve, and (B) individuals up to age twenty-six  
16 who have an eosinophilic gastrointestinal disorder, that is exempt  
17 from the general requirements for nutritional labeling under the  
18 statutory and regulatory guidelines of the federal Food and Drug  
19 Administration and is intended for use solely under medical  
20 supervision in the dietary management of specific diseases.

21 (b) Each individual health insurance policy providing coverage of  
22 the type specified in subdivisions (1), (2), (4), (11) and (12) of section  
23 38a-469 delivered, issued for delivery, renewed, amended or continued  
24 in this state shall provide coverage for amino acid modified  
25 preparations and low protein modified food products for the treatment  
26 of inherited metabolic diseases if the amino acid modified preparations  
27 or low protein modified food products are prescribed for the  
28 therapeutic treatment of inherited metabolic diseases and are  
29 administered under the direction of a physician.

30 (c) Each individual health insurance policy providing coverage of  
31 the type specified in subdivisions (1), (2), (4), (11) and (12) of section  
32 38a-469 delivered, issued for delivery, renewed, amended or continued  
33 in this state shall provide coverage for specialized formulas when such  
34 specialized formulas are medically necessary for the treatment of a  
35 disease or condition and are administered under the direction of a  
36 physician.

37 (d) Such policy shall provide coverage for such preparations, food  
38 products and formulas on the same basis as outpatient prescription  
39 drugs.

40 Sec. 2. Section 38a-518c of the general statutes is repealed and the  
41 following is substituted in lieu thereof (*Effective January 1, 2015*):

42 (a) For purposes of this section:

43 (1) "Inherited metabolic disease" includes (A) a disease for which  
44 newborn screening is required under section 19a-55; and (B) cystic  
45 fibrosis.

46 (2) "Low protein modified food product" means a product  
47 formulated to have less than one gram of protein per serving and  
48 intended for the dietary treatment of an inherited metabolic disease  
49 under the direction of a physician.

50 (3) "Amino acid modified preparation" means a product intended  
51 for the dietary treatment of an inherited metabolic disease under the  
52 direction of a physician.

53 (4) "Specialized formula" means a nutritional formula for (A)  
54 children up to age twelve, and (B) individuals up to age twenty-six  
55 who have an eosinophilic gastrointestinal disorder, that is exempt  
56 from the general requirements for nutritional labeling under the  
57 statutory and regulatory guidelines of the federal Food and Drug  
58 Administration and is intended for use solely under medical  
59 supervision in the dietary management of specific diseases.

60 (b) Each group health insurance policy providing coverage of the  
61 type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-  
62 469 delivered, issued for delivery, renewed, amended or continued in  
63 this state shall provide coverage for amino acid modified preparations  
64 and low protein modified food products for the treatment of inherited  
65 metabolic diseases if the amino acid modified preparations or low  
66 protein modified food products are prescribed for the therapeutic  
67 treatment of inherited metabolic diseases and are administered under  
68 the direction of a physician.

69 (c) Each group health insurance policy providing coverage of the  
70 type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-  
71 469 delivered, issued for delivery, renewed, amended or continued in  
72 this state shall provide coverage for specialized formulas when such  
73 specialized formulas are medically necessary for the treatment of a  
74 disease or condition and are administered under the direction of a

75 physician.

76 (d) Such policy shall provide coverage for such preparations, food  
77 products and formulas on the same basis as outpatient prescription  
78 drugs.

This act shall take effect as follows and shall amend the following sections:		
Section 1	<i>January 1, 2015</i>	38a-492c
Sec. 2	<i>January 1, 2015</i>	38a-518c

**INS**      *Joint Favorable Subst.*

The following Fiscal Impact Statement and Bill Analysis are prepared for the benefit of the members of the General Assembly, solely for purposes of information, summarization and explanation and do not represent the intent of the General Assembly or either chamber thereof for any purpose. In general, fiscal impacts are based upon a variety of informational sources, including the analyst's professional knowledge. Whenever applicable, agency data is consulted as part of the analysis, however final products do not necessarily reflect an assessment from any specific department.

## **OFA Fiscal Note**

### **State Impact:**

<b>Agency Affected</b>	<b>Fund-Effect</b>	<b>FY 15 \$</b>	<b>FY 16 \$</b>
State Comptroller - Fringe Benefits (State Employee and Retiree Health Accounts)	GF, TF - Cost	Approximately \$302,400	Approximately \$604,800
The State	Indeterminate - Cost	At Least \$77,289	At Least \$154,578

### **Municipal Impact:**

<b>Municipalities</b>	<b>Effect</b>	<b>FY 15 \$</b>	<b>FY 16 \$</b>
Various Municipalities	STATE MANDATE - Cost	At Least \$181,658	At Least \$363,316

### **Explanation**

The bill will result in a cost to the state employee and retiree health plan<sup>1</sup>, municipalities, and the state, for providing coverage for specialized formula up to age 26 for individuals with eosinophilic gastrointestinal disorder (EGIDs). Current law provides coverage for specialized formula up to age 12. The total estimated cost to the state in FY 15 is at least \$379,689 and \$759,378 in FY 16. This cost is attributable to 1) the estimated cost to the state plan in FY 15 and FY 16 of approximately \$302,400 and \$604,800 respectively and 2) the cost to the state pursuant to the federal Affordable Care Act (ACA) (see below) in FY 15 and FY 16 of at least \$77,289 and \$154,578 respectively. The cost to fully insured municipalities in FY 15 and FY 16 is at least \$181,658

<sup>1</sup> The state employee and retiree health plan is a self-insured health plan. Pursuant to federal law, self-insured health plans are exempt from state health mandates. However, the state has traditionally adopted all state health mandates.

and \$363,316 respectively.<sup>2</sup>

The actual cost to the state and municipalities will depend on the projected incidence, utilization and cost of specialized formula for the covered populations. The estimated cost is based on the impact of specialized formula for members up to age 12, which may be different than the impact of providing coverage for 12 to 26 year olds. Secondly, the cost to the state pursuant to the ACA may be underrepresented as it is uncertain at this time if the enrollment information reported reflects the total number of covered lives by exchange plans or the number of individuals who purchased a policy.

For reference, the total amount reimbursed for specialized formula in the state plan, for members up to age 12 in calendar year 2012 was \$385,869. The degree of utilization in covered members varies widely. A snap shot of members for calendar year 2012 reflects a range in annual benefits between \$772 to \$5,020.

### **Municipal Impact**

As previously stated, the bill may increase costs to certain fully insured, municipal plans that do not currently provide coverage for specialized formula up to age 26 for EGIDs. The coverage requirements may result in increased premium costs when municipalities enter into new health insurance contracts after January 1, 2015. In addition, many municipal health plans are recognized as “grandfathered” health plans under the ACA.<sup>3</sup> It is unclear what effect

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<sup>2</sup> The estimated cost is based on the per member per month (PMPM) increase for specialized formula under current law or \$0.24PMPM. (Source: *Review and Evaluation of Certain Health Benefit Mandates in Connecticut*, Vol. II. (University of Connecticut Center for Public Health and Health Policy, 2010)). The PMPM cost is based on a fully insured model which includes treatment costs and utilization trends. This may be different than the actual cost to the state plan which is self-insured and therefore pays the actual cost of claims incurred as opposed to a set premium to insurers. The cost estimate for the state employee plan is based on plan membership as of February 2014; municipal impact is based on Dept. of Labor employment information as of December 31, 2013; state impact based on Exchange enrollment is as of January 2014.

<sup>3</sup> Grandfathered plans include most group insurance plans and some individual health plans created or purchased on or before March 23, 2010.

the adoption of certain health mandates will have on the grandfathered status of certain municipal plans under ACA. Pursuant to federal law, self-insured health plans are exempt from state health mandates.

### **The State and the federal ACA**

Lastly, the ACA requires that, the state's health exchange's qualified health plans (QHPs)<sup>4</sup>, include a federally defined essential health benefits package (EHB). The federal government is allowing states to choose a benchmark plan<sup>5</sup> to serve as the EHB until 2016 when the federal government is anticipated to revisit the EHB.

While states are allowed to mandate benefits in excess of the EHB, the federal law requires the state to defray the cost of any such additional mandated benefits for all plans sold in the exchange, by reimbursing the carrier or the insured for the excess coverage. State mandated benefits enacted after December 31, 2011 cannot be considered part of the EHB for 2014-2015 unless they are already part of the benchmark plan.<sup>6</sup> However, neither the agency nor the mechanism for the state to pay these costs has been established.

### **The Out Years**

The annualized ongoing fiscal impact identified above would continue into the future subject to 1) inflation, 2) the number of covered lives in the state, municipal and exchange health plans, and 3) the utilization of services.

Sources: *Department of Labor  
Office of the State Comptroller State Health Plan, Health Benefit Document as of  
July 2013*

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<sup>4</sup> The state's health exchange, Access Health CT, opened its marketplace for Connecticut residents to purchase QHPs from carriers, with coverage starting January 1, 2014.

<sup>5</sup> The state's benchmark plan is the Connecticare HMO plan with supplemental coverage for pediatric dental and vision care as required by the ACA.

<sup>6</sup> Source: Dept. of Health and Human Services. *Frequently Asked Questions on Essential Health Benefits Bulletin* (February 21, 2012).

**OLR Bill Analysis****sSB 200*****AN ACT EXPANDING HEALTH INSURANCE COVERAGE OF SPECIALIZED FORMULA FOR INDIVIDUALS WITH EOSINOPHILIC GASTROINTESTINAL DISORDERS.*****SUMMARY:**

This bill requires certain health insurance policies to cover medically necessary specialized formulas administered under a physician's direction for people with eosinophilic gastrointestinal disorders (EGIDs) up to age 26 instead of age 12. The law requires the policies to cover formulas for people with other diseases up to age 12. Insurers must provide coverage for formulas on the same basis as outpatient prescription drugs.

The bill applies to individual and group policies delivered, issued, renewed, amended, or continued in Connecticut that cover (1) basic hospital expenses; (2) basic medical-surgical expenses; (3) major medical expenses; or (4) hospital or medical services, including coverage under an HMO plan. Due to the federal Employee Retirement Income Security Act (ERISA), state insurance benefit mandates do not apply to self-insured benefit plans.

EFFECTIVE DATE: January 1, 2015

**BACKGROUND*****Specialized Formula***

Under state law, a "specialized formula" is a nutritional formula that is exempt from the federal Food and Drug Administration's general nutritional labeling requirements and intended for use solely under medical supervision in the dietary management of specific diseases.



***Eosinophilic Gastrointestinal Disorders***

EGIDs are a diverse group of intestinal diseases, including eosinophilic esophagitis, gastritis, gastroenteritis, enteritis, and colitis. Patients with EGIDs present with a variety of clinical problems, including failure to thrive, abdominal pain, vomiting, diarrhea, and dysphagia (difficulty swallowing). Treatment options include specialized formulas.

***Related Federal Law***

The federal Patient Protection and Affordable Care Act (P.L. 111-148) allows a state to require health plans sold through the state's health insurance exchange to offer benefits beyond those included in the required "essential health benefits," provided the state defrays the cost of those additional benefits. The requirement applies to benefit mandates enacted after December 31, 2011. Thus, the state is required to pay the insurance carrier or enrollee to defray the cost of any new benefits mandated after that date.

**COMMITTEE ACTION**

Insurance and Real Estate Committee

Joint Favorable Substitute

Yea    19    Nay   0    (03/13/2014)